

SANTEE BRANCH LIBRARY

9225 CARLTON HILLS BLVD
SANTEE, CA 92071 619-448-1863

SENIOR ACTIVITIES

MARCH

March 4	9:00am	1st Wednesday: Uniform Fashion Show- We will have various public and private agencies modeling the uniforms of their employees. It is designed to help seniors identify those who may come knocking on their door and aid in recognizing imposters and avoiding scams. Light refreshments will be served.
March 5	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 6	11:30am	Paper Crafts: Professional crafter Annelvira leads a class making unique paper home decor. All materials provided.
March 7	8:30am	Hatha Yoga: Certified instructor leads this energizing yoga class
March 7	1:00pm	Mah Jongg for Beginners: Learn American Mah Jongg from experienced players
March 12	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 13	10:00am	Sharp Senior Resource Center: How it works- Sharp Program Coordinator Dan McNamara shares valuable information on the free or low-cost programs and services offered at the Sharp Senior Resource Center.
March 19	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class
March 20	10:00am	Coffee & Books: OASIS class- To Your Health! Health Tourism comes to San Diego. Local author Vincent Rossi shares his research into the early days of "health tourism" in San Diego, and the people who profited by it. Mr. Rossi will have books available for sale and signing.
March 21	1:00pm	Mah Jongg for Beginners: Learn American Mah Jongg from experienced players
March 28	8:45am	Chair Yoga: Certified instructor leads this low impact yoga class

Don't forget to vote in the Presidential Primary on Tuesday, March 3 from 7:00am-8:00pm

The Library will be closed for the Caesar Chavez holiday- Tuesday, March 31

