SENIORS 55+ ACTIVITY CALENDAR June 2025



Wednesdays | 10:00am

4

First Wednesday— Hawaiian Slack Key City Hall—Building 8P 10601 Magnolia Ave.

11

Games w/Suzanne City Hall—Building 8P 10601 Magnolia Ave.

18

AARP—Fraud Prevention + Ice Cream Social City Hall—Building 8P 10601 Magnolia Ave.

25

Bingo City Hall—Building 8P 10601 Magnolia Ave.



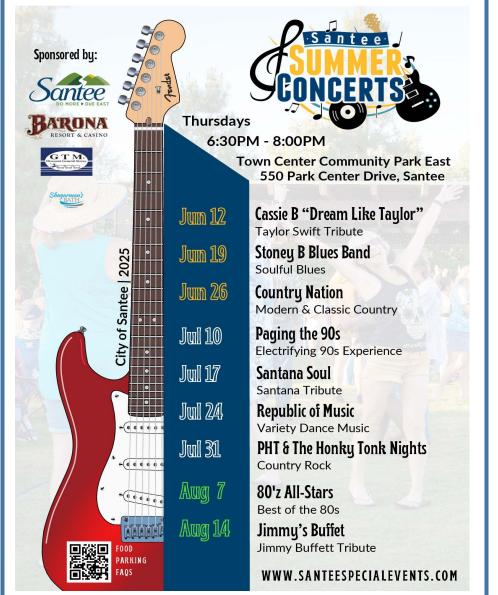
Fitness Walks | 9:00am

Thursday, June 5th

• Mast Park, 9125 Carlton Hills Blvd.

*Last Fitness Walk until August 19th

See reverse for details on our Fitness Workout Challenge



SanteeRec.com | (619) 258-4100 ext. 222

ACTIVITY DESCRIPTIONS



First Wednesday

Hawaiian Slack Key

Join us for Aloha Wednesday and a morning of music from Hawaii! Terry Beckhelm will delight us with a mix of modern tunes and traditional Hawaiian folk music on his Slack Key guitar.

June 4 @ 10:00am

Santee City Hall 10601 Magnolia Ave. Santee CA 92071

Fraud Prevention + Ice Cream Social



June 18 @ 10:00am

Santee City Hall 10601 Magnolia Ave. Santee CA 92071

Fitness Workout

Challenge





A Walk, Swim, Bike, Hike (ANYthing that gets you moving) Fitness Workout Challenge that is designed to keep you active and healthy during the summer.

Who: Santee Seniors 55+ healthy during the summer
What: ANYthing Fitness—walks included
When: Starts June 16th—August 22nd
Where: Your choice (plan workouts with a buddy)
Why: Encourage healthy exercise
How: Record workouts on sheet available
@ City Hall—Building 6

@ Wednesday activities



Complete 25 workouts over the Challenge duration and win a prize!

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