

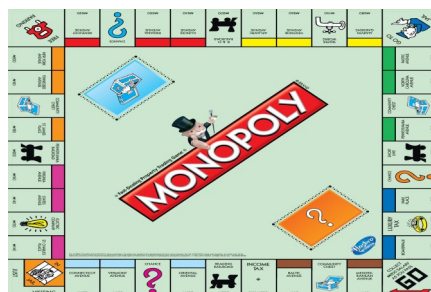
SENIORS 55+ ACTIVITY CALENDAR July 2025



Wednesdays | 10:00am

2

**First Wednesday—
The History of Monopoly**
City Hall—Building 8P
10601 Magnolia Ave.



First Wednesday
The History of Monopoly
July 2 @ 10:00am
Santee City Hall
10601 Magnolia Ave,
Santee CA 92071

Do you have Monopoly in your cupboard? Have you celebrated as you drove a family member into fictional bankruptcy? No matter which version (and there are many) you've tried, this colorful board game remains a game night staple. But how did it come about?

Join professor of U.S. History Meagan Albrant as we explore the fascinating, sometimes twisted, history of one of the most popular board games of all time.

9

Bunco w/Suzanne
City Hall—Building 8P
10601 Magnolia Ave.

16

Bingo
City Hall—Building 8P
10601 Magnolia Ave.

17

**Intergenerational Day—
Bingo + Pizza**
Santee Teen Center
8125 Arlette St.



Come Join Us!

23

**Acupuncture—Ancient Healing
for Modern Pain Management**
Grossmont Healthcare District
Health & Wellness Library
9001 Wakarusa St.

30

**Impact Melanoma—
Presentation**
City Hall—Building 8P
10601 Magnolia Ave.

Fitness Workout Challenge
Complete 25 workouts over Summer and win a prize!

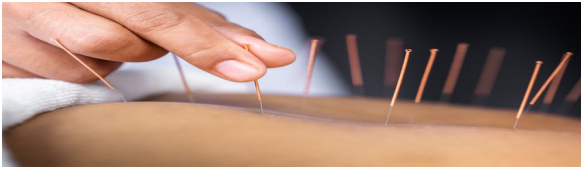


Have Fun!!!

Grab your Record Sheet @ City Hall

Wellness Wednesday: Acupuncture – Ancient Healing for Modern Pain Management

This presentation explores the history, principles, and benefits of acupuncture, highlighting its evidence-based applications in effectively managing chronic and acute pain. Attendees will learn how this ancient practice complements modern healthcare to promote wellness and relief.



Grossmont Healthcare District's
Health & Wellness Library

An East County community resource

Speaker: Tracy Strong, DACM, LAc.

A Doctor of Acupuncture and Chinese Medicine, is the cofounder of SimplyStrong Acupuncture and Integrative Medicine in San Diego, CA.

When: Wednesday, July 23 | Presentation 10-11 AM,
Film screening begins 11:30 AM

Where: Grossmont Healthcare District's Conference Center Auditorium
(9001 Wakarusa St. La Mesa, CA)

Feature film: White Bird (2023)

Thursdays
6:30PM - 8:00PM
Town Center Community Park East
550 Park Center Drive, Santee



Santee
DO MORE • DUE EAST
BARONA
RESORT & CASINO
GTM
Sangerman's
MOUTH

Jul 10	Paging the 90s Electrifying 90s Experience
Jul 17	Santana Soul Santana Tribute
Jul 24	Republic of Music Variety Dance Music
Jul 31	PHT & The Honky Tonk Nights Country Rock
Aug 7	80's All-Stars Best of the 80s
Aug 14	Jimmy's Buffet Jimmy Buffett Tribute



FOOD
PARKING
FAQS