

# SENIORS 55+ ACTIVITY CALENDAR

## October 2025



### Wednesdays | 10:00am

1

**First Wednesday—Frida Kahlo: Art, Identity & Resilience**  
City Hall—Building 8P  
10601 Magnolia Ave.

8

**Games w/Suzanne**  
City Hall—Building 8P  
10601 Magnolia Ave.

15

**Alzheimer's Association—10 Warning Signs**  
City Hall—Building 8P  
10601 Magnolia Ave.

22

**Bingo**  
City Hall—Building 8P  
10601 Magnolia Ave.

29

**Fall Bus Trip—Lions, Tigers & Bears**  
**\*Must be registered to attend**  
**\*\*Trip is full**

### Fitness Walks | 9:00am

Thursday, October 2

♦ Old Mission Dam, 1 Father Junipero Serra Trail

Tuesday, October 7

♦ Mast Park, 9125 Carlton Hills Blvd.

Thursday, October 16 + Brunch @ Topwater Grill\*

♦ Santee Lakes, 9310 Fanita Pkwy. (Meet @ Lake 5 Store)

Tuesday, October 21

**\*Bring \$\$\$ if interested**

♦ Walker Preserve, 9500 Magnolia Ave.

Thursday, October 30

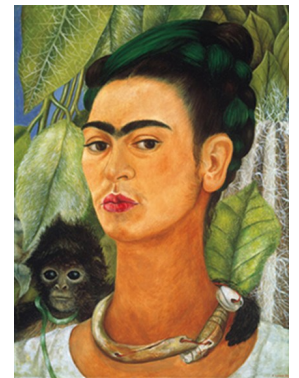
♦ Kumeyaay Lake Campground, 2 Father Junipero Serra Trail

## First Wednesday

### Frida Kahlo: Art, Identity & Resilience

Mexican artist Frida Kahlo is best known for her self-portraits and bold colors, but there's much more to discover.

Celebrate Hispanic Heritage Month with us—art historian Julia Fister will share more about this iconic person and her equally iconic work.



### October 1 @ 10:00am

**Santee City Hall**  
10601 Magnolia Ave.  
Santee, CA 92071



SAN DIEGO  
**County Library**  
Create Your Own Story

## ACTIVITY DESCRIPTIONS



### ACTIVE AGING WEEK 2025: OCTOBER 6–12 WE'RE CELEBRATING LIFE AT 50+

Join us at the Cameron Family Y for a **FREE** 7-day trial & **Potluck**

**\*See additional flyer for full schedule**

**Potluck**—October 10th @ 10:15am—**Must RSVP**

**RSVP:** Charles McKelvey @ [cmckelvey@ymcasd.org](mailto:cmckelvey@ymcasd.org) or (858)535-2929

YMCA OF SAN DIEGO COUNTY  
**COMMUNITY  
WELL-BEING  
& BELONGING**

## Get your **FREE** Flu Immunizations

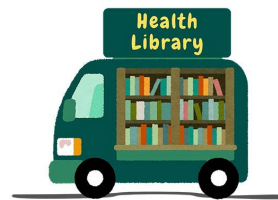
**OCTOBER 23, 2025 || 9:30AM - 2 PM**

**Santee City Hall—Building 8A**



Grossmont  
Healthcare  
District

**&**



**11:30AM - 12:30PM**

**Grossmont Healthcare District's**

**Mobile Outreach Library**

## Old Town Trolley Trip

Discover the history of San Diego through a 1-hour private guided walking tour of Old Town San Diego State Historic Park. On this private walking tour, Interpretive staff are excited to share the chronological history of the park while making stops at historic museums like La Casa De Machado Y Stewart, La casa De Machado Y Silvas and La Casa De Estudillo. Before and after the tour you can explore the shops and eateries on your own. Bring your walking shoes!



**Date:** Tuesday, November 18<sup>th</sup>

**Departure Time:** 9:00am

**Return Time:** Approximately 3:00pm

**Fee:** \$15 Santee Resident, \$20 Non-Resident

**Departure & Return Location:** Santee Trolley Station

**Bring:** Money for Trolley ticket, lunch & comfortable walking shoes

**Registration Deadline:** October 31<sup>st</sup>

**\*You must register to attend!**

**SanteeRec.com | (619) 258-4100 ext. 222**