

SENIORS 55+ ACTIVITY CALENDAR

October 2025



Wednesdays | 10:00am

1
First Wednesday—Frida
Kahlo: Art, Identity & Resilience
City Hall—Building 8P
10601 Magnolia Ave.

8
Games w/Suzanne
City Hall—Building 8P
10601 Magnolia Ave.

15
Alzheimer's Association—
10 Warning Signs
City Hall—Building 8P
10601 Magnolia Ave.

22
Bingo
City Hall—Building 8P
10601 Magnolia Ave.

29
Fall Bus Trip—
Lions, Tigers & Bears
***Must be registered to attend**
****Trip is full**

Fitness Walks | 9:00am

Thursday, October 2

◆ Old Mission Dam, 1 Father Junipero Serra Trail

Tuesday, October 7

◆ Mast Park, 9125 Carlton Hills Blvd.

Thursday, October 16 + Brunch @ Topwater Grill*

◆ Santee Lakes, 9310 Fanita Pkwy. (Meet @ Lake 5 Store)

Tuesday, October 21

*Bring \$\$\$ if interested

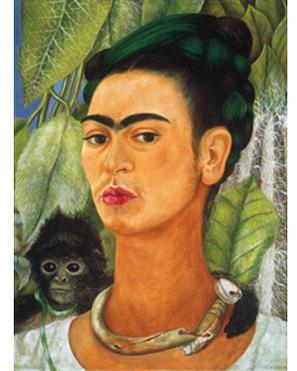
◆ Walker Preserve, 9500 Magnolia Ave.

Thursday, October 30

◆ Kumeyaay Lake Campground, 2 Father Junipero Serra Trail

First Wednesday

Frida Kahlo: Art, Identity & Resilience



Mexican artist Frida Kahlo is best known for her self-portraits and bold colors, but there's much more to discover.

Celebrate Hispanic Heritage Month with us—art historian Julia Fister will share more about this iconic person and her equally iconic work.

October 1 @ 10:00am

Santee City Hall
10601 Magnolia Ave.
Santee, CA 92071



SAN DIEGO
County Library
Create Your Own Story



YMCA OF SAN DIEGO COUNTY
COMMUNITY WELL-BEING
 & BELONGING

ACTIVE AGING WEEK 2025: OCTOBER 6–12 WE'RE CELEBRATING LIFE AT 50+

Join us at the Cameron Family Y for a **FREE** 7-day trial & **Potluck**

***See additional flyer for full schedule**

Potluck—October 10th @ 10:15am—**Must RSVP**

RSVP: Charles McKelvey @ cmckelvey@ymcasd.org or (858)535-2929

Get your **FREE Flu Immunizations**

OCTOBER 23, 2025 || 9:30AM - 2 PM

Santee City Hall—Building 8A



Grossmont
 Healthcare
 District

&



11:30AM - 12:30PM

**Grossmont Healthcare District's
 Mobile Outreach Library**

Old Town Trolley Trip

Discover the history of San Diego through a 1-hour private guided walking tour of Old Town San Diego State Historic Park. On this private walking tour, Interpretive staff are excited to share the chronological history of the park while making stops at historic museums like La Casa De Machado Y Stewart, La casa De Machado Y Silvas and La Casa De Estudillo. Before and after the tour you can explore the shops and eateries on your own. Bring your walking shoes!



Date: Tuesday, November 18th

Departure Time: 9:00am

Return Time: Approximately 3:00pm

Fee: \$15 Santee Resident, \$20 Non-Resident

Departure & Return Location: Santee Trolley Station

Bring: Money for Trolley ticket, lunch & comfortable walking shoes

Registration Deadline: October 31st

***You must register to attend!**