

Need Help During this Coronavirus Pandemic?

The Coronavirus pandemic is a challenging time for many of us; please remember that you are not alone. There are many resources available to support you during this time.

For specific City of Santee information and updates: (619) 258-4100 x103 or www.CityofSanteeCA.gov

Resources and Information	Phone	Websites and information
Coronavirus Questions & Resources	211	www.211sandiego.org
Social & Spiritual Support - Salvation Army	619-231-6000	www.salvationarmyusa.org/usn/
Seniors Support for Sheltering In Place		
Aging & Independence Services (AIS)	800-339-4661	www.sandiegocounty.gov/content/sdc/hhsa/programs/ais.html
Elder Help	619-284-9281	www.elderhelpofsandiego.org
Medically Necessary Transportation for Seniors	619-284-9281	www.elderhelpofsandiego.org
Early Shopping Hours for Seniors & Vulnerable Guests		Call your local store to confirm hours and information
Costco	619-562-3227	Tuesdays & Thursdays, 8 – 9AM
Food4Less	619-596-9076	Mondays, Wednesdays & Fridays, 7 – 7:30AM
Smart & Final	619-449-2396	Daily, 7:30-8AM
Target	619-449-9790	Wednesdays, 8 – 9AM
Vons	619-596-5930	Tues. & Thurs., 7 – 9AM
Walgreens	619-258-8011	Tuesdays, 8 - 9AM
Walmart	619-449-7900	Tuesdays, 6 -7AM
Other Shopping Resources		
Barnes & Noble – Call store for daily pickup hours	619-562-1755	Curbside pickup for Buy Online, Pickup In Store orders placed on BN.com.
Food Assistance Resources		
Feeding San Diego	858-452-3663	www.feedingsandiego.org/
Meals on Wheels	619-447-8782	www.meals-on-wheels.org
Salvation Army	619-231-6000	www.sandiego.salvationarmy.org/
San Diego Food Bank	866-350-3663	www.sandiegofoodbank.org/
Santee Food Bank	619-448-2096	www.thesanteefoodbank.org/
Serving Seniors - (Pickup or Delivery)	619-235-6572	www.serving seniors.org/
Friendly Phone Visits for Seniors		
Elder Help	619-284-9281	www.elderhelpofsandiego.org
Mental Health Services		
Access and Crisis Line	888-724-7240	www.up2sd.org/resources/mental-health-local/

Information is subject to change. Please call to confirm.

